



A new diagnosis of cystic fibrosis (CF) has a tremendous impact on patients and their families. The **Cystic Fibrosis Center at Rutgers Robert Wood Johnson Medical School and Robert Wood Johnson University Hospital** has been helping individuals address the evolving challenges and opportunities posed by CF at different stages in their lives.

Fully accredited by the national Cystic Fibrosis Foundation, the center offers a comprehensive, interdisciplinary team approach to the diagnosis, treatment, and follow-up of infants, children, adolescents, and adults with cystic fibrosis.

- Family-centered, evidence-based clinical care across the lifespan
- Partnership with patients and families to develop common goals and enhance quality of life
- Quality professional education
- Innovative research

# RUTGERS

Robert Wood Johnson  
Medical School

## **Cystic Fibrosis Center**

Rutgers Robert Wood Johnson Medical School  
Department of Pediatrics  
& Robert Wood Johnson University Hospital

*Pediatric/Adolescent CF Center*  
Child Health Institute of New Jersey  
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New Brunswick, NJ 08901

**732-235-7899**

**Appointments: 732-235-5210**

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*Rutgers, The State University of New Jersey*



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**Comprehensive Care for Children and Adults**  
*A Service of the Department of Pediatrics*



## A National Leader

The Cystic Fibrosis Center, part of Rutgers Robert Wood Johnson Medical School's Department of Pediatrics, has been consistently ranked **among the best programs in the nation** for lung function and nutrition status in individuals with CF. It is one of only three Level III CF centers in the state that is accredited by the Cystic Fibrosis Foundation. Our Adult CF Program, accredited by the foundation in 2007, is one of only 96 accredited programs nationwide serving adults with CF. The Center has also received the CF Foundation's Quality Care Award, recognizing a commitment to improved quality care for people with cystic fibrosis.

## Our Services

The Cystic Fibrosis Center provides highly specialized care to cover a lifetime of needs related to CF, including:

- Comprehensive ambulatory and inpatient care
- Evaluation and testing
- Clinical management
- Nutritional education and management
- Counseling, case management, and advocacy
- Lifelong follow-up care
- Comprehensive education programs for families, community providers, and other health care professionals on the care of patients with CF

Cystic Fibrosis Center physicians are **available to provide care 24/7**, following patients on an inpatient and outpatient basis.

Pediatric and adolescent patients who require inpatient care are seen at The Bristol-Myers Squibb Children's Hospital (BMSCH) at Robert Wood Johnson University Hospital (RWJ), while adult patients receive inpatient care in **a dedicated unit** at RWJ that focuses on pulmonary care.

Outpatient services also are provided in cooperation with BMSCH and RWJ. These services include:

- Sweat testing
- Pulmonary function testing
- Diagnostic imaging, including MRI, ultrasound, and CT
- Bone density scans
- Oral glucose tolerance testing
- Sputum culture

## An Interdisciplinary Approach

The Cystic Fibrosis Center's team of specialists is committed to helping you, your child, or family member successfully cope with CF and lead full, productive lives. The team features:

- Pulmonologists
- Nurse practitioners
- Clinic nurse coordinators
- Registered nurses
- Respiratory therapists
- Nutritionists
- Licensed clinical social worker

We also work closely with Robert Wood Johnson Medical School's board-certified endocrinologists and gastroenterologists—adult and pediatric—to coordinate the range of services individuals with CF may need.

## Meeting Your Needs

The CF Center is dedicated to continually improving care, teaching, and research. From patient satisfaction surveys that help guide care improvements, to increased involvement in research initiatives, we promote **a patient-centered approach** that helps patients and families get more engaged in their health care and view their care as a partnership with our CF team.

The Center also facilitates support activities, including access to a Family-to-Family Support Network, as well as an "EPal" program that, with parental approval, helps connect patients and siblings with others who are going through similar challenges.



**To schedule an appointment, call 732-235-5210 (pediatric) or 732-235-7839 (adult).**